

PRACTICE SCHEDULE - DOVER HIGH SCHOOL SWIMMING

JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 NO PRACTICE HAPPY NEW YEAR!	2 PM 3:05-5:15	3 AM 6:15-7:00 PM 3:05-4:45	4 West York AWAY Depart: 4:30PM Meet: 6:00PM	5 PM 3:05-5:15	6 DAAC HOME MEET NO PRACTICE
7 NO PRACTICE	8 AM 6:15-7:00 PM 3:05-5:15	9 PM 3:05-5:15	10 AM 6:15-7:00 PM 3:05-4:45	11 PM 3:05-5:15	12 AM 6:15-7:00 PM 3:05-5:15	13 8:00-9:30AM
14	15	16	17	18	19	20
NO PRACTICE	NO SCHOOL 8:00-10:00AM	PM 3:05-5:15	3:05-4:45PM	Finals 12:00-1:30PM practice	Finals 12:00-1:30PM practice	8:00-9:30AM
21 NO PRACTICE	22 AM 6:15-7:00 PM 3:05-5:15	23 New Oxford @ HOME Report 3:00PM Meet: 5:00PM	24 AM 6:15-7:00 Early Dismissal No practice - team event	25 PM 3:05-5:15	26 PM 3:05-5:15	27 SOUTHWESTERN RELAYS Depart HS @ 8:00 Meet Start: 10:30
28 NO PRACTICE	29 AM 6:15-7:00 PM 3:05-5:15	30 York Suburban@ HOME Report 3:00PM Meet: 5:00PM	31 PM 3:05-4:45	Feb 1 Susquehannock @ HOME Report 3:00PM Meet: 5:00PM	Feb 2 AM 6:15-7:00 PM 3:05-5:15 (Last day AM and last day of practice for those not attending counties)	Feb 3 NO PRACTICE



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