■ October 2021 Practice Calendar ☆ ⊡ ⊘ File Edit View Insert Format Tools Add-ons Help Last edit was seconds ago								
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-		For ALL Dover Community Swimming needs: www.swimdover.org						
			Sun	Mon	Tues	Wed	Thur	Fri
			DAAC COACHES: 8 and U - Aniella Janosky and Christina Harris 9 and 10 - Ally Murray and Angie Pequignot	11 and 12 - Travis Hoffman and Lauren Craig 13 and 14 - Ross Spangler and Richard Janosky	Practice Groupings: 11 and older: 515-615 Practice 10 and under: 615-715 practice	Welcome this year!! Mary Alice Craig, Kennedy Coble, Austin Smith who are HS swimmers who will be helping to assist at practices!		
				18 5:15-6:15 (11up) 6:15-7:15 (10under) Stroke: General	19 5:15-6:15 (11up) 6:15-7:15 (10under) Stroke: General	20 5:15-6:15 (11up) 6:15-7:15 (10under) Stroke: General	21 5:15-6:15 (11up) 6:15-7:15 (10under) Stroke: General	22 5:15-6:15 All Practice Group: Stroke: General
				25 5:15-6:15 (11up) 6:15-7:15 (10under) Stroke: Freestyle	26 5:15-6:15 (11up) 6:15-7:15 (10under) Stroke: Breast	27 5:15-6:15 (11up) 6:15-7:15 (10under) Stroke: Back	28 5:15-6:15 (11up) 6:15-7:15 (10under) Stroke: Fly	29 No Schoo No Practic

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