

Y.A.I.A.A. 2018-2019 SWIMMING and DIVING CHAMPIONSHIPS

Central York High School

Timeline:

Feb. 3, 2018 by 11:59 PM

Meet Entries emailed to theyaiaa@gmail.com

Feb. 4, 2018

Seeding sheets emailed to coaches

Feb. 7, 2019

Diving Championships

Feb. 8, 2019

Swimming Championships – Sessions 1 & 2

Feb. 9, 2019

Swimming Championships – Sessions 3 & 4

Thursday, February 7th – Boys' and Girls' Diving

3:30 Locker Rooms Open

4:00 Warm-ups: Boys' and Girls' Diving

5:00 Competition: Boys' and Girls' Diving

Friday, February 8th – Swimming Championships (Girls sessions 1&2 then Boys sessions 1&2)

3:30 Locker Rooms Open (BUSES NOT TO ARRIVE BEFORE 3:20)

3:50 Girls' Warm-Up

4:25 Coaches Meeting

4:55 National Anthem (Dallastown)

5:00 Girls' Competition - 200 Medley Relay, **5-minute break**, 200 Freestyle, 200 Individual Medley, 50 Freestyle, **10-minute warm-up**, 100 Butterfly, **5-minute break**, 200 Freestyle Relay

- Boys' Competition to follow
 - Warm-Up will be immediately following the conclusion of the Girls' competition

Saturday, February 9th – Swimming Championships (Boys sessions 3&4 then Girls sessions 3&4)

10:30a Locker Rooms Open (BUSES NOT TO ARRIVE BEFORE 10:20)

10:50a Girls' Warm-Up

11:25a Coaches Meeting

11:50a Recognition of Girls YAIAA Division I and Division II team champions

11:55a National Anthem

12:00p Girls' Competition - 100 Freestyle, 500 Freestyle, 100 Backstroke, 100 Breaststroke, **10-minute warm-up**, 400 Freestyle Relay

- Boys' Competition to follow
 - Warm-Up will be immediately following the conclusion of the Girls' competition
 - Recognition of Boys YAIAA Division I and Division II team champions

Individual Swimming Entries

- **The fastest 24 individual times will qualify in each of the individual events with a maximum of 4 entries per school.**

Relay Entries

- **Two automatic entries per school in the relay events to total 24 relays with a maximum of two entries per school.**

Note: Teams that cannot field two competitive relays do not have to enter a second relay.

Warm-ups –

- Swimmers will have access to all eight lanes and will be divided into two groups with 20-minute warm-ups followed by an eight-minute sprint
 - Group A – CY – DA – NE – YS – SU – GB
 - Group B – SW – SG – RL – DO – NO – WY
- The pool will be cleared 10 minutes prior to the first event

Admission

Diving and Swimming per session \$5.00 - ADULT \$3.00 - STUDENT

- The gallery will be cleared after each swim session

Meet Program: Diving – No Charge Swimming - \$2.00

Awards

- Medals for the events will be awarded as follows: Top 8 places receive medals.

Thursday - Awards for Diving will be presented after each event.

Friday - Awards will be presented after each event.

Saturday - YAIAA League Division Champions will be recognized. Awards will be presented after each event.

- **Athletes must report to the award stand dressed in their *school issued attire*. No hats, shorts, or tee shirts will be permitted during the awards presentation.**