



PRESEASON OPTIONAL PRACTICE SCHEDULE - DOVER HIGH SCHOOL SWIMMING

OCTOBER 2021

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

The Dover HS Swim/Dive Booster account is paying for ALL Dover HS swimmers/divers so that they may join DAAC practices starting October 18th from 5:15-6:15pm until the HS season starts on November 19th. **Dover HS swimmers DO NOT need to register or pay on DAAC's "Active Parent Portal" to attend these practices.** In addition, we will have optional M/W/F AM practices for HS swimmers only.

Dover High School swimmers/divers may attend ANY AM or PM swim practice listed on this calendar.

Hope to see you at the pool on October 18th! If you have questions email Coach Spangler @ RSpangler@doversd.org or send a Remind message.

October 10	11	12 Pre-Season Meeting During MMA (Cafe)	13	14	15	16
17 PRACTICES CANCELLED THIS WEEK →	18 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	19 PM SWIM 5:15-6:15PM	20 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	21 PM SWIM 5:15-6:15PM	22 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	23
24	25 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	26 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM?? Remind msg will be sent...	27 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	28 PM SWIM 5:15-6:15PM	29 NO SCHOOL = NO PRACTICE	30



PRESEASON OPTIONAL PRACTICE SCHEDULE - DOVER HIGH SCHOOL SWIMMING

NOVEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	2 PM SWIM 5:15-6:15PM	3 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	4 PM SWIM 5:15-6:15PM	5 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	6
7	8 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	9 PM SWIM 5:15-6:15PM	10 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	11 PM SWIM 5:15-6:15PM	12 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	13
14	15 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	16 PM SWIM 5:15-6:15PM	17 AM SWIM 6:15-7:15AM PM SWIM 5:15-6:15PM	18 PM SWIM 5:15-6:15PM	19 NO AM PRACTICE 1ST OFFICIAL DAY OF WINTER SPORTS PRACTICE!	20