

Dover Diving Practice Schedule

Date	Monday 1/2/2023	Tuesday 1/3/2023	Wednesday 1/4/2023	Thursday 1/5/2023	Friday 1/6/2023	Saturday 1/7/2023
Practice Times	8:00 AM 9:00 AM Practice	5:15 PM 6:30 PM Practice	5:15 PM 6:30 PM Practice	WY at Home	5:15 PM 6:30 PM Practice	Southwestern Diving Relays
Date	Monday 1/9/2023	Tuesday 1/10/2023	Wednesday 1/11/2023	Thursday 1/12/2023	Friday 1/13/2023	
Practice Times	3:30 PM 4:30 PM Practice	5:15 PM 6:30 PM Practice	SG Meet 3:00 leave admin	Practice	5:15 PM 6:30 PM Practice	
Date	Monday 1/16/2023	Tuesday 1/17/2023	Wednesday 1/18/2023	Thursday 1/19/2023	Friday 1/20/2023	
Practice Times	8:00 AM 9:00 AM Practice	5:15 PM 6:30 PM Practice	SG Meet 3:00 leave admin	NO at Home	Practice	
Date	Monday 1/23/2023	Tuesday 1/24/2023	Wednesday 1/25/2023	Thursday 1/26/2023	Friday 1/27/2023	
Practice Times	3:00 PM 4:00 PM Practice	Away meet VS YS	3:00 PM 4:00 PM Practice	5:15 PM 6:30 PM Practice	Practice	
Date	Monday 1/30/2023	Tuesday 1/31/2023	Wednesday 2/1/2023	Thursday 2/2/2023	Friday 2/3/2023	
Practice Times	5:15 PM 6:30 PM Practice	5:15 PM 6:30 PM Practice	5:15 PM 6:30 PM Practice	Meet VS Susq	5:15 PM 6:30 PM Practice	
Date	Monday 2/6/2023	Tuesday 2/7/2023	Wednesday 2/8/2023	Thursday 2/9/2023	Friday 2/10/2023	
Practice Times	5:15 PM 6:30 PM Practice	5:15 PM 6:30 PM Practice	5:15 PM 6:30 PM Practice	Counties	Practice	

*** Please note that times are subject to change at ANY time.

If you need to miss practice for any reason, it must be approved by Coach Jen Rauhauser PRIOR to the date missed.
Coach Jen Rauhauser's Cell Phone (717) 779-4865