

Attention swimmers and divers: The first practice for the 2022-23 season is on Friday, November 18th. Use this checklist to meet your preseason obligations. All forms can be found on the www.swimdover.org website under the DAHS swimming tab. Please be aware of deadlines!

- _____ Return attached sign-up/information form to Coach Craig in room 163 **By November 4th!**
- _____ Sign up for Remind: Text To: 81010 Message: @dahs to be included in team messages.
- _____ Suit Try on and \$25 for swimsuit is due to Coach Craig by Friday, November 11th, so a suit can be ordered for you for the beginning of the season. Suit try-ons will be available during MMA with Coach Craig in room 163. You must tell Coach Craig your suit size after try-ons. **Checks made payable to Dover Area School District.**
- _____ Order team apparel - link will be posted soon on the team website and sent via Remind. Orders due by TBD.

The following are due as soon as possible, but no later than Friday, November 12th. Please turn in to Coach Craig in room 163.

- _____ PIAA physical form and/or physical recertification form (if you already turned in your sports physical for this school year). Ask Coach Becker or Coach Craig if you're not sure which form you should complete.
***Please note - If Physical form (at bottom) is dated earlier than April 27, 2021, the Covid section 5 additional form will need to be signed.
- _____ Athletic policy signed by student and parent.
- _____ Parent Code of conduct form
- _____ Activity Fee and Form

Welcome aboard! We're excited to start the season and continue the winning tradition of Dover Swimming and Diving. Visit our website www.swimdover.org (DAHS swimming tab) for more information.

Best regards,

Coach Spangler, Becker, Rauhauser, Craig, Pequignot, Janosky, and Plappert