





PRACTICE SCHEDULE - DOVER HIGH SCHOOL SWIMMING

DECEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Team Pictures @ 3:00PM	2 AM PRACTICE 6:15-7:15 Eagle Invite - Diving	3 Eagle Invite - Swimming Warmups: 645AM Meet Start: 9AM
4 NO PRACTICE	5 AM 6:15-7:15 PM 3:05-5:15	6 PM 3:05-5:15	7 AM 6:15-7:15 PM 3:05-4:45	8 PM 3:05-5:15	9 AM 6:15-7:15 PM 3:05-5:15	10 DAAC HOME MEET (NO PRACTICE)
11 NO PRACTICE	12 AM 6:15-7:15 PM 3:05-5:15	13 SPRING GROVE @ HOME 5:00 Meet Start 3:00 Report Time	14 AM 6:15-7:15 PM 3:05-4:45	15 NORTHERN @ HOME 5:00 Meet Start 3:00 Report Time	16 AM 6:15-7:15 PM 3:05-5:15	17 DAAC HOME MEET (NO PRACTICE)
18 NO PRACTICE	19 AM 6:15-7:15 PM 3:05-5:15	20 NORTHEASTERN MEET - AWAY 4:30PM - Depart 6:00 Meet Start	21 AM 6:15-7:15 PM 3:05-4:45	22 ½ Day School 12-1:30PM practice	23 NO SCHOOL 8:00-10:00AM	24 NO PRACTICE 
25 NO PRACTICE 	26 NO SCHOOL 8:00-10:00AM	27 8:00-10:00AM 2nd Annual Fast and Furious Practice ALUMNI WELCOME!	28 NO SCHOOL 8:00-10:00AM	29 BULLDOG BASH @ BIG SPRING HS	30 NO SCHOOL 8:00-10:00AM	31 NO PRACTICE 