PRACTICE SCHEDULE - DOVER HIGH SCHOOL SWIMMING

NOVEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Sept 16 - Nov 20 DAAC: Pre-season PM practices - see DAAC website for details. HS: Optional AM practices start 11/2.					
1	2 AM Practice 615-705AM DAAC Pre-season PM practices	3 DAAC Pre-season practices	4 AM Practice 615-705AM DAAC Pre-season PM practices	5 DAAC Pre-season practices	6 AM Practice 615-705AM DAAC Pre-season PM practices	7
8	9 AM Practice 615-705AM DAAC Pre-season PM practices	10 DAAC Pre-season practices	11 AM Practice 615-705AM DAAC Pre-season PM practices	12 DAAC Pre-season practices	13 AM Practice 615-705AM DAAC Pre-season PM practices	14
15	16 AM Practice 615-705AM DAAC Pre-season PM practices	17 DAAC Pre-season practices	18 AM Practice 615-705AM DAAC Pre-season PM practices	19 DAAC Pre-season practices	20AM Practice 615-705AM FIRST DAY OF HS PRACTICE- 3:05PM & PARENT MEETING @ 5:30PM	21 NO PRACTICE
22 **DAAC PENTATHLON- HS SWIMMERS ELIGIBLE TO SWIM!** **ALSO - VOLUNTEER HOURS AVAILABLE!!	23 AM 6:15-7:05 PM 3:05-5:15	24 PM 3:05-5:15	25 No School 8-10AM	26 **NO PRACTICE**	27 No School 8-10AM	28 8-930AM
29	30 No School 8-10AM					

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