



PRESEASON SCHEDULE - DOVER HIGH SCHOOL SWIMMING

**OCTOBER**

| SUNDAY | MONDAY                            | TUESDAY                                 | WEDNESDAY                         | THURSDAY                                | FRIDAY  | SATURDAY |
|--------|-----------------------------------|---|-----------------------------------|---|---|----------|
|        | 1                                 | 2                                       | 3                                 | 4                                       | 5<br>Meeting During<br>Advisory w/<br>Coach Becker<br>and Coach Craig | 6        |
| 7      | 8<br>NO SCHOOL                    | 9<br>WEIGHTS @<br>HS -<br>6:20-7:00 AM  | 10<br>SWIM @ IS -<br>6:20-7:00 AM | 11<br>WEIGHTS @<br>HS -<br>6:20-7:00 AM | 12  | 13       |
| 14     | 15<br>SWIM @ IS -<br>6:20-7:00 AM | 16<br>WEIGHTS @<br>HS -<br>6:20-7:00 AM | 17<br>SWIM @ IS -<br>6:20-7:00 AM | 18<br>WEIGHTS @<br>HS -<br>6:20-7:00 AM | 19  | 20       |
| 21     | 22<br>SWIM @ IS -<br>6:20-7:00 AM | 23<br>WEIGHTS @<br>HS -<br>6:20-7:00 AM | 24<br>SWIM @ IS -<br>6:20-7:00 AM | 25<br>NO SCHOOL                         | 26<br>TRIP TO<br>BLOOMSBURG   | 27       |
| 28     | 29<br>SWIM @ IS -<br>6:20-7:00 AM | 30<br>WEIGHTS @<br>HS -<br>6:20-7:00 AM | 31<br>SWIM @ IS -<br>6:20-7:00 AM |   |   |          |



PRESEASON SCHEDULE - DOVER HIGH SCHOOL SWIMMING

**NOVEMBER**

| SUNDAY | MONDAY                            | TUESDAY                                 | WEDNESDAY                         | THURSDAY                                | FRIDAY   | SATURDAY |
|--------|-----------------------------------|---|-----------------------------------|---|--|----------|
|        |                                   |   |                                   | 1<br>WEIGHTS @<br>HS -<br>6:20-7:00 AM  | 2  | 3        |
| 4      | 5<br>SWIM @ IS -<br>6:20-7:00 AM  | 6<br>WEIGHTS @<br>HS -<br>6:20-7:00 AM  | 7<br>SWIM @ IS -<br>6:20-7:00 AM  | 8<br>WEIGHTS @<br>HS -<br>6:20-7:00 AM  | 9  | 10       |
| 11     | 12<br>SWIM @ IS -<br>6:20-7:00 AM | 13<br>WEIGHTS @<br>HS -<br>6:20-7:00 AM | 14<br>SWIM @ IS -<br>6:20-7:00 AM | 15<br>WEIGHTS @<br>HS -<br>6:20-7:00 AM | 16<br>FIRST DAY OF<br>HS PRACTICE &<br>PARENT<br>MEETING | 17       |
| 18     | 19                                | 20                                      | 21                                | 22                                      | 23   | 24       |
| 25     | 26                                | 27                                      | 28                                | 29                                      | 30   |          |