



1. No swimming without a lifeguard on duty.
2. No use of blocks/diving into lap pool
3. No use of swim team equipment.
4. Walk on deck - no running!
5. No drinks/food in the pool area
6. No throwing swimmers/sitting on shoulders or other "horseplay" permitted.
7. Diving tank only to be used for diving - no lap swimming!
8. One diver on the diving board/in the diving tank at a time. Forward facing jumps/dives only.
9. Proper bathing suits should be worn to swim in the pool - no street clothing.
10. No prolonged breath holding.
11. When there is lightning, all patrons should exit the pool for 30 minutes from last sighting/thunder.
12. Young swimmers who are not toilet trained need to wear a swim diaper and proper swim suit.
13. Swimmers should shower before entering the pool. Children 12 and under should be under direct supervision of an adult.
14. Day Care Swimmers must take swim test to swim outside of designated shallow pool area.
15. Non-swimmers / swimmers wearing flotation devices need to be accompanied by an adult in the water and within reach.